

Felt

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Emeney*



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*Dedicated to David, who is my family.
No one could ask for a better
husband or a more devoted
Number 1 Poetry Fan.*

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Suspicion

The seagull walks more quickly
in front of the little boy
whose hands are a gun.
She will not fly or stop
to look behind;
she will just keep a hop
ahead of his shadow
until he loses interest.
Because he will lose interest.
He will lose.
He will.

Couples Therapy

Your homework is to stand
holding each other
for five minutes.

No talk, no movement,
no intimate touch—
just a five-minute hug.

We've a month between sessions
so there's no excuse
for not doing it.

The task is five minutes
body to body, breathing
in—and—out.

You might like to think
about the feelings
you experience

or you may prefer
to be in the moment—
out of your conscious mind.

If you feel the need
you can close
your eyes.