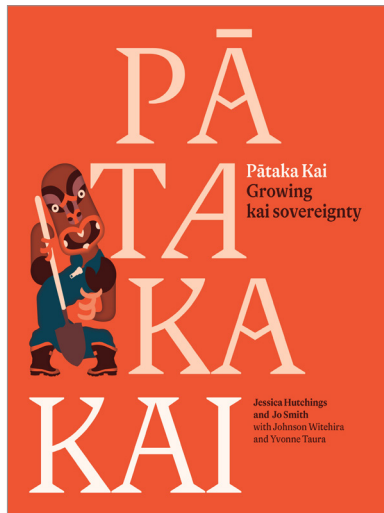


Pātaka Kai

Growing kai sovereignty

JESSICA HUTCHINGS AND JO SMITH



\$45

CATEGORY: Agriculture,

ISBN: 978-1-99-101685-0

EISBN: n/a

THEMA: WM, TVF 5PB-NZ-A, 1MBN

BIC: FA, AGB, 1MBN

BISAC: GAR028000, TEC003070

PUBLISHER: Massey University Press

IMPRINT: Massey University Press

PUBLISHED: March 2025

PAGE EXTENT: 320

FORMAT: Limpbound

SIZE: 250 x 200mm

RIGHTS: World

AUTHORS' RESIDENCE: Wellington,

New Zealand

FOOD FOR HOPE AND WELLBEING

We face a biodiversity crisis and a climate meltdown. Our food systems are broken, our soils are depleted and our seeds are owned by global corporations. The mainstream response to these crises drowns out the Indigenous perspectives and solutions that offer pathways to ecological, cultural and socio-economic sustainability as well as greater connection to food in our everyday lives.

This book salutes Indigenous food heroes from across Aotearoa and Te Moana-nui-a-Kiwa whose inspiring stories show how change begins locally and on a small scale.

Written by verified Hua Parakore farmers, activists, Indigenous researchers and Indigenous food sovereignty leaders Jessica Hutchings and Jo Smith, Pātaka Kai encourages a return to Indigenous values and practices to achieve kai sovereignty and wellbeing for Mother Earth and her people.

Nominated for the 2025 Gourmand Awards — Indigenous People and Sustainable Food Systems categories

'A labour of love from a kaupapa Māori team' — Emma Hislop, RNZ's Nine to Noon

'A celebration of the growers and experts focused on changing the way we fill our pantries' — Sapeer Mayron, Sunday Star-Times

ABOUT THE AUTHORS

Dr Jessica Hutchings (Ngāi Tahu, Ngāti Huirapa, Gujarati) is a research leader, author, activist and hua parakore grower. She is an active member of Te Waka Kai Ora (National Māori Organics Authority) and holds a PhD in Environmental Studies. She leads and supports Kaupapa Māori research to deliver transformation across diverse Māori communities. She is the author of *Te Mahi Māra Hua Parakore: A Māori Food Sovereignty Handbook* (2016); she has also co-edited, with Jo Smith, *Te Mahi Oneone Hua Parakore: A Māori Soil Sovereignty and Wellbeing Handbook* (2020) and, with Jo Smith and Fiona Cram, *Kāinga Tahi, Kāinga Rua: Māori Housing Realities and Aspirations* (2022).

Dr Jo Smith (Waitaha, Kāti Māmoe, Kāi Tahu) is a senior kairangahau Māori for Papahākaritorito Charitable Trust and works part-time at Te Herenga Waka. She has a PhD in Film and Media Studies and is the author of *Māori Television: The First Ten Years* (2016) and co-editor, with Jessica Hutchings, of *Te Mahi Oneone Hua Parakore: A Māori Soil Sovereignty and Wellbeing Handbook* (2020) and *Kāinga Tahi, Kāinga Rua: Māori Housing Realities and Aspirations* (2022).

SALES POINTS

- Well known and expert authors who have a TV series on Whakaata Māori
- Taps into a growing interest in sustainable growing and Mātauranga Māori
- Inspirational stories

ISBN 978-1-99-101685-0



Massey University Press
Albany Campus, Private Bag 102904,
North Shore 0745, Auckland, New Zealand

Email editor@masseypress.ac.nz
Phone +64 9 213 6886
www.masseypress.ac.nz

Media contact
Sarah Thornton, Thornton Communications
Email sarah.thornton@prcomms.com
Phone (09) 479 8763 or 021 753 744

